

Thiếu Nhi Thánh Thể Uniforms



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Introduction

What is Thiếu Nhi Thánh Thể?

Thiếu Nhi Thánh Thể, also known as Vietnamese Eucharistic Youth Society is a distinguished, non-profit organization, under the leadership of the Catholic Church. They teach youths to be virtuous people and good Christians. Since 1929, the Thiếu Nhi Thánh Thể kept pace with social and cultural changes in order to continuously reach out to potential members.

This religious society generally meets up every Sunday at the Church of Christ after church school. Members of Thiếu Nhi Thánh Thể ranges from 6 years old to 20+. Beyond the ages of 20, these members generally become leaders. The society is often divided into many age groups associated by color.

The Problem

The lack of proper uniform is a rising problem within the Thieu Nhi community for many years. Repeatedly, the members would be often corrected to no avail due to the large population within the group. Even now, the numbers of the Thiếu Nhi Thánh Thể community is constantly growing. This sort of incorrectness among the members would put them at odds with the group leaders when, perhaps, they don't mean to seem disrespectful. Some members could be too young, 5-6 years old, to comprehend the desired uniform and require personal assistance.

The Purpose of this Manual

Even though it may seem trivial to stress the importance of uniforms, but uniforms do have meaningful effects. This manual will aid the current and future members of Thiếu Nhi Thánh Thể. By ensuring accurate dressing, the Thiếu Nhi Thánh Thể group will appear more prestigious, creating a higher sense of religious unity among the members. As a result, the church as a whole would be represented better.

Chapter 1: Thiếu Nhi Thánh Thể Uniform Overview



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Thiếu Nhi Thánh Thể Checklist

A Thiếu Nhi Thánh Thể member must wear the standard uniform criteria every Sunday when attending the group society in the afternoons. Devoted members wear their uniforms to mass every 12 P.M. mass, church school, and charitable events.

A checklist for uniforms for Thiếu Nhi Thánh Thể:

- White, buttoned collar shirt
- Black or navy formal pants
- White running shoes
- Scarf

Cost of the Thiếu Nhi Thánh Thể Uniform

According to table 1, Uniform for Thiếu Nhi Thánh Thể, costs of the parts of the uniform are calculated. The location of where the parts of the uniform can be purchased is also included in the table.

Table 1: Uniform for Thiếu Nhi Thánh Thể

Parts of the Thiếu Nhi Thánh Thể Uniform	Where to Purchase Them	Cost (U.S. Dollars)
White buttoned Collar Shirt	Thiếu Nhi Thánh Thể Office	\$15
Scarf	Thiếu Nhi Thánh Thể Office	\$5
Black or navy formal pants	General clothing stores, such as Walmart, Kohl's, and the GAP	\$10-15
White, running shoes	General shoe stores, such as Payless, Famous Footwear, and Designer Shoe Warehouse	\$20-30
Lowest Estimated Total		\$50
Highest Estimated Total		\$65

Things to Keep in Mind

As members grow up, their pant size and shoe size would gradually increase. When sizes increase, the cost would generally increase as well. Some pant and shoe sizes would vary too, depending on where you have purchased them from, such as from a branded store or a non-branded store.

Chapter 2: Thiếu Nhi Thánh Thể Uniform



Chapter 2: Thiếu Nhi Thánh Thể Uniform

Collar Shirts

Since 1929, the standard Thiếu Nhi Thánh Thể uniform has remained basically the same. One of the uniform standards are the white, buttoned, collar shirts, which are often sold by the religious society themselves. The highest cost of these collar shirts are approximately \$15.

No matter what age group you are, the collar shirts also stay constant. Be sure they

- are ironed
- have the collar tucked in
- have a green patch sewed on (the green patch will be included if purchased from the Thiếu Nhi Thánh Thể Office)

An image below shows a white, buttoned, collar shirt uniform:



This is a picture of a white, buttoned collar shirt.

Black or Navy Formal Pants

Black or Navy Formal Pants

Throughout the years, the original torso part of the Thiếu Nhi Thánh Thể uniform, black or navy formal pants, has transformed. Nevertheless black or navy pants are still widely popular among the members. They also look the most proper.

1. Black pants



2. Navy pants



Black or Navy Skirts

An alternative of formal black or navy pants are skirts. Black or navy skirts are more common among the younger girl members, ages 6 to 10.

1. Black skirt



2. Navy skirt



Black or Navy Shorts

For young boys, ages 6 to 10, Thiếu Nhi Thánh Thể permit black or navy shorts.

1. Black shorts



2. Navy shorts



White Running Shoes

Thiếu Nhi Thánh Thể does not have strict guidelines about the brands or the type the running shoes are. The group generally permits any sort of white shoes, as long as they're closed-toe running shoes. These white running shoes can have various designs on them, as long as the majority of the shoe is white.

Acceptable variations of these white shoes:

1. Converse shoes



3. High tops



2. Converse with colored stripes



4. Running shoes with various designs



Scarves

The Color Categories

Thiếu Nhi Thánh Thể is classified into groups in order to meet the needs of the different ages of their members. This can be seen through the various color differences of the scarves the members wear. These colors may vary from green, blue, yellow, brown, red, and white.

In table 2: Color Differences of the Scarves, the correlation of the color of the scarves and the range of age is listed.

Table 2: Color Differences of the Scarves

Color of the Scarves	Range of Age (years)
Green scarf	6-10
Blue scarf	11-13
Yellow scarf	14-16
Brown scarf	17-18
Red scarf	19+
White scarf	Only Priests

The Color Differences

Thiếu Nhi Thánh Thể is classified into groups in order to meet the needs of the different ages of their members. This can be seen through the various color differences in the member's scarves. These colors may vary from green, blue, yellow, brown, red, and white.

The Green Scarf

Seedling



This youthful group is called the Seedling, consisting of elementary children from ages 6 to 10. Children at this age tend to be more active, inquisitive, and fond of nature. The green scarves they wear is a color of a young wheat, which symbolizes their innocence and youth. These young members are easily adaptable to new situations and open to new ideas, similarly to how the wheat blows with the wind.

These young members are repeatedly taught to practice the Catholic's belief of God's will: the daily responsibility of praising and loving God for his many blessings, obeying their parents and teachers, helping and loving others. The Seedlings are the true mascots and the future of Thiếu Nhi Thánh Thể, providing enthusiastic spirit in games and activities.

The Blue Scarf

Search



The next age group consists of middle-school children from ages 11 to 13, known as the Search. The navy blue scarves they wear symbolizes their uniqueness and identity with a great hope of life and society. At this age, these members are more aware of their physical and emotional transformations. During this transitional period into young adults, they are often confused about their surroundings as they search for their own individuality and the rationality of their existence. As a result, this quest of the unknown affects their spiritual state. As a defined religious community, the Thiếu Nhi Thánh Thể makes it their top priority to take immediate control of this issue.

Jesus' hidden and evangelical life is the scriptural model for the blue-scarf members. Just like how Jesus patiently prayed for a deeper knowledge of his mission, these members must ask God and discover who they really are and accept the outcome with gratitude. By overcoming their obstacles to maintain their sense of direction and spirituality, this group is the role model of Thiếu Nhi Thánh Thể and on their way to become potential yellow and brown scarves leaders.

The Yellow Scarf

Companion



These members of *Thiếu Nhi Thánh Thể* are known as the Companion, which is a group of adolescents between the ages of 13 to 16. The yellow scarves they wear represents the bright sunrise of the youths approaching into their adult stage and the opening of their lives to others. At this age, their values and beliefs materialize and develop. The Companion start to form their own identity and group structure, desiring friendship and cooperation. This determination comes from the member's desire to love, to be loved, to understand, and to be understood.

The yellow scarves will constantly seek out God's will, the conversion of their hearts, and spirit of charity and generosity just like Jesus's devoted disciple, Saint Paul. They are known to be potential leaders and role models after the brown scarves.

The Brown Scarf

Knights of the Eucharist



Members that wear brown scarves generally represent older youths from ages 17 to 18 and referred to as the Knights of the Eucharist. The brown scarves they wear signifies the hard work and dedication to serve God.

In 2009, these Knights were introduced as a replacement to former pink scarves. One reason was that the executive leaders believed that the pink scarves were not meeting the responsible requirements of the next role of leadership, the red scarves. Another reason was that the *Thiếu Nhi Thánh Thể* executive leaders did not want an intermediate, deluded layer between the members and the leader like the pink scarves had. As a result of this new change, The Eucharistic Knights will continue to receive experience as a member, yet at the same time have the opportunity of upholding leadership roles in order to improve.

These leaders are known as aspiring vice-leaders that are committed to *Thiếu Nhi Thánh Thể*. These Knights are generally closer to the rest of the *Thiếu Nhi Thánh Thể* members and encourage members to learn and interact, being the unifying connection among the age groups.

The Red Scarf

Coordination Leaders



The red scarves they wear has at least one yellow stripe, which indicates love, service, sacrifice, and responsibility. Members with a red scarf have went through periods of spiritual movement of the four former groups and become initiated to become their leader, known as Coordination Leaders.

This sort of leadership resembles a teacher in charge of a specific group of a specific age group. In each specific age group, there can be as much as 13 groups. For example, a leader with a red scarf and a yellow stripe could be in charge of 1 green scarves group out of 7 other green scarves groups.

The White Scarf

Chaplain



Priests that are responsible for the spiritual characteristic of the movement are appointed to be Chaplains. The white scarf with a red stripe they wear symbolizes the dedication to follow God.

Chaplains are the ones to invite seminarians and religious members to be their assistants.

Number of Stripes

Two Stripes

The number of stripes on a scarf may rank and indentify the leaders. Two stripes on a scarf means that they are the directors of the group. These leaders stay in the front of their group within their own scarf age group and follow the orders of the leaders with a red scarf. They are thought to be the line leader.

One Stripe

One stripe on a scarf means that they are the leaders in the back. They regulate their own specific group within their scarf age group and keep them in line. They are known to be closer to their specific group and in some cases underneath the leadership of the leaders with two stripes. Some leaders with one stripe will eventually gain recognition and become leaders with two stripes. They work alongside with the two-striped leaders, just as how vice class presidents and class presidents depend on one another.

Chapter 3: How to Tie a Thiếu Nhi Thánh Thể Scarf



Chapter 3: How to Tie a Thiếu Nhi Thánh Thể Scarf

Tying a Thiếu Nhi Thánh Thể Scarf

Throughout the years, many new or young members have a dilemma getting use to their uniforms, especially tying the scarves. The scarves of the girls and boys differentiate in tying. The tying of the girls' scarves resembles a bow, whereas the tying of the boys' scarves resembles a tie. Each style of scarves requires different steps.

Tying Girl Scarves

Step 1:

Lay the scarf down and spread it out on a flat surface.

**Step 2:**

Flip the scarf around.

**Step 3:**

Take the edge of the scarf closest to your body and fold it. The folded part should be at least two inches.



Step 4:

Repeat step 3 and continue to fold until you are at least two inches from the crest of the cross.

**Step 5:**

Flip the scarf over. This is how the scarf should appear at this point.

**Step 6:**

Put the scarf on yourself.

**Step 7:**

Cross the two ends of the scarf.



Step 8:

Tuck the part of the tie that's on top underneath the tie and then pull it up.

**Step 9:**

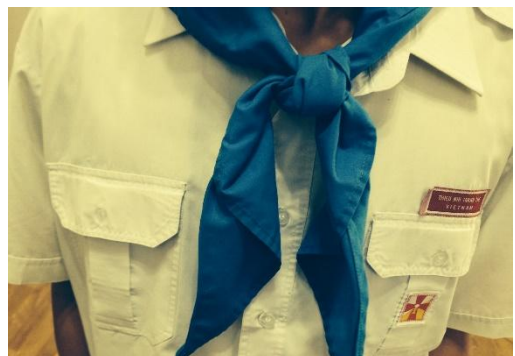
Pull the part of the tie out so it dangles.

**Step 10:**

Take the two ends of the tie and make a knot.

**Step 11:**

Stretch out the fabric in the middle of the knot to make the knot neater.



Tying Boy Scarves

Step 1:

Lay the scarf down and spread it out on a flat surface.

**Step 2:**

Flip the scarf around.

**Step 3:**

Take the edge of the scarf closest to your body and fold it. The folded part should be at least an inch.

**Step 4:**

Repeat step 3 and continue to fold until you are at least an inch from the crest of the cross.



Step 5:

Flip the scarf over. This is how the scarf should appear at this point.

**Step 6:**

Put the scarf on yourself.

**Step 7:**

Cross the two ends of the scarf.

**Step 8:**

Pull the part of the tie that's on top and pull it across.



Step 9:

Tuck the part of the tie underneath the whole tie.

**Step 10:**

Pull the end of the tie all the way through the loop.

**Step 11:**

Take the two ends of the tie and make a knot.

**Step 12:**

Straighten the ends of the tie to make the knot neater.



Glossary

Adolescents

Adolescents are teenage boys and girls growing up to manhood or womanhood.

Alternative

An alternative is one or more things available as another possibility.

Assistance

Assistance is the act of help, aid, or support.

Committed

To be committed is to feel dedication and loyalty to a cause, activity, or job.

Comprehend

To comprehend is to grasp mentally or understand.

Constant

Constant means that a situation or state of affairs that does not change.

Criteria

Criteria is a principle or standard by which something may be judged or decided.

Crest

A crest is the head or top of anything.

Dedication

Dedication is another word for commitment.

Deluded

To be deluded is to impose a misleading belief upon someone; to deceive or fool.

Differentiate

Differentiate means to recognize or ascertain what makes someone or something different.

Permitted

Permitted means to give authorization or consent to someone to do something.

Distinguished

To be distinguished is to have an air of distinction, dignity, or eminence.

Enthusiastic

Enthusiastic means to have or show intense and eager enjoyment, interest, or approval.

Gratitude

Gratitude is the quality of being thankful; readiness to show appreciation for and to return kindness.

Horizontal

Horizontal means parallel to the ground.

Immediate

Immediate means occurring or done at once; instant.

Individuality

Individuality is the quality or character of a particular person or thing that distinguishes them from others.

Initiated

Initiated means to cause a process or begin an action.

Innocence

Innocence means the simplicity or the absence of guile or cunning; naivety.

Inquisitive

Inquisitive means curious or inquiring.

Intermediate

Intermediate is another word for middle.

Thiếu Nhi Thánh Thể

Thiếu Nhi Thánh Thể is also known as Vietnamese Eucharistic Youth Society. They are a

Potential

Potential means to have or show the capacity to become or develop into something in the future.

Prestigious

Prestigious means to inspire respect and admiration or have high status.

Rationality

Rationality is the state of having good sense and sound judgment.

Recognition

Recognition is acknowledging something as valid or as entitled to consideration.

Seminarians

Seminarians are students in a theological seminary.

Standard

Standard is an idea or thing used as a measure, norm, or model in comparative evaluations.

Symbolizes

Symbolizes is another word for represent.

distinguished, non-profit organization, under the leadership of the Catholic Church.

Transformed

Transformed means to change in form, appearance, or structure.

Transitional

Transitional is the movement, passage, or change from one position.

Unity

Unity is the state of being one.

Various

Various means different from one another or different kinds or sorts.

Vary

Vary means to change or alter in form, appearance, character, or substance.

Virtuous

Virtuous means to have or show high moral standards.

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